



Murrurundi Public School

Pride in our Heritage, Confidence in our Future

Be Respectful Be Responsible Do Your Personal Best



SCHOOL NEWSLETTER

Term 3—Week 3

Monday 5th August 2019

Principal's Message

Strengths Focus - Honesty

As part of our wellbeing focus, each week there will be a focus on one of the 24 character strengths. We can use our strengths to be happier, strengthen relationships, manage problems, boost confidence, reduce stress and accomplish goals. BUT, we can't use our strengths to help us unless we are aware of what they are, and understand how to use them to our advantage. **This week the strength that we are learning about is honesty.**



The VIA Classification of 24 Character Strengths

ViaCharacter.org

WISDOM	CREATIVITY • Originality • Adaptive • Ingenuity	CURIOSITY • Interest • Novelty-Seeking • Exploration • Openness	JUDGMENT • Critical Thinking • Thinking Things Through • Open-mindedness	LOVE OF LEARNING • Mastering New Skills & Topics • Systematically Adding to Knowledge	PERSPECTIVE • Wisdom • Providing Wise Counsel • Taking the Big Picture View
COURAGE	BRAVERY • Valor • Not Shrinking from Fear • Speaking Up for What's Right	PERSEVERANCE • Persistence • Industry • Finishing What One Starts	HONESTY • Authenticity • Integrity	ZEST • Vitality • Enthusiasm • Vigor • Energy • Feeling Alive	
HUMANITY	LOVE • Both Loving and Being Loved • Valuing Close Relations with Others	KINDNESS • Generosity • Nurturance • Care & Compassion • Altruism • "Niceness"			SOCIAL INTELLIGENCE • Aware of the Motives/Feelings of Self/Others • Knowing what Makes Other People Tick
JUSTICE	TEAMWORK • Citizenship • Social Responsibility • Loyalty			FAIRNESS • Just • Not Letting Feelings Bias Decisions About Others	LEADERSHIP • Organizing Group Activities • Encouraging a Group to Get Things Done
TEMPERANCE		FORGIVENESS • Mercy • Accepting Others' Shortcomings • Giving People a Second Chance	HUMILITY • Modesty • Letting One's Accomplishments Speak for Themselves	PRUDENCE • Careful • Cautious • Not Taking Undue Risks	SELF-REGULATION • Self-Control • Disciplined • Managing Impulses & Emotions
TRANSCENDENCE	APPRECIATION OF BEAUTY & EXCELLENCE • Awe • Wonder • Elevation	GRATITUDE • Thankful for the Good • Expressing Thanks • Feeling Blessed	HOPE • Optimism • Future-Mindedness • Future Orientation	HUMOR • Playfulness • Bringing Smiles to Others • Lighthearted	SPIRITUALITY • Religiousness • Faith • Purpose • Meaning

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Public Speaking

Congratulations to the following finalists who will represent our school at Belltrees Public Speaking on Thursday. Best of luck!

Early Stage 1: **Luke McNab, Judd Brown**

Stage 1: **Charlie Power, Henry Avard**

Stage 2: **Blake McNab, Abby Ashford**

Stage 3: **Rachel Brown, Eden Ferguson**

Education Week Awards

Congratulations to our Education Week award winners who will be recognised at the Upper Hunter Education Week reception at Scone High on Tuesday evening.

Outstanding contribution by a non-teaching staff member:

Judith Wilson

Outstanding contribution by a school community member:

Juls and Kylie Cross – Royal Hotel

Award for excellence in teaching: **Chloe Reeves**

Award for excellence in student achievement: **Thea Jacobs**

School achievement award: **Sam Levick – Fun Fitness for Littlies**

PBL Rewards Afternoon

Thank you to Miss Reeves for organising such a fun afternoon and congratulations to the students who earned it. I wonder what the next reward will be...

Zone Athletics

Best of luck to our students who are representing Murrurundi Public School on Wednesday at Singleton: **Rachel Brown, Gracie Kedwell, Justice Richards, Caitlin Davies, Eden Ferguson, Cooper Taylor, Thea Jacobs, Braiden Harvey, Conner Hyde, Zai Ahmad-Stone and Lynx Whitby.**

Reminder: Permission notes and \$5 need to be handed in to office (you will receive part of the note back to take with you

on the day).

Uniform Review

The first uniform review meeting will be held on **Wednesday 7th August at 3.30pm**. Please join us to discuss your concerns and ideas for updating the current Murrurundi Public School uniform. Some changes are necessary as there are items that can no longer be sourced. All changes will follow the Department of Education School Uniform Policy Guidelines. Please return the uniform surveys ASAP.

Uniform Expectations

This term, students will receive a point each, each day of the week for their class (I will convert to a percentage) and the winning class will receive a reward at the end of the term.

Great Aussie Bush Camp with Upper Invermein Small Schools

K-2 26th-28th August 3-6 26th-30th August

Thanks to the GABC Fundraising Group and the P&C who are covering the cost of the bus, the cost per child is now:

K-2 \$260 3-6 \$365

Full payment must be finalised by **9th of August**.

The Twits – Friday 9th August

All students from Pre-Kinder to Year 6 are travelling to Quirindi to see the theatre production “Roald Dahl’s The Twits” on Friday. Please ensure you have paid \$15/child (and returned the permission slip) to the office no later than Thursday 8th of August. Students not attending will remain at school with a teacher. Thank you to our P&C who have paid for the bus to the Royal Theatre, Quirindi, making this excursion more accessible for our families.

Mrs Rebecca Hopkins

Relieving Principal

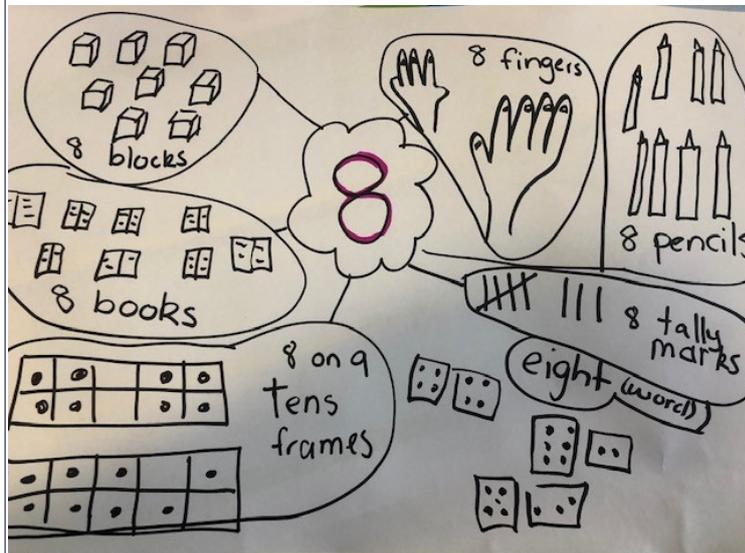
Kindergarten

In kindergarten we have been developing our number sense. We looked at the number and found all of the ways we could represent 8. This included the word 8, the numeral 8, 8 blocks, 8 fingers and many other ways. In writing we have been focusing on leaving spaces between our words. The students have enjoyed a new game where they build their sentences using LEGO blocks and practice leaving spaces between their words.

Miss Callaghan

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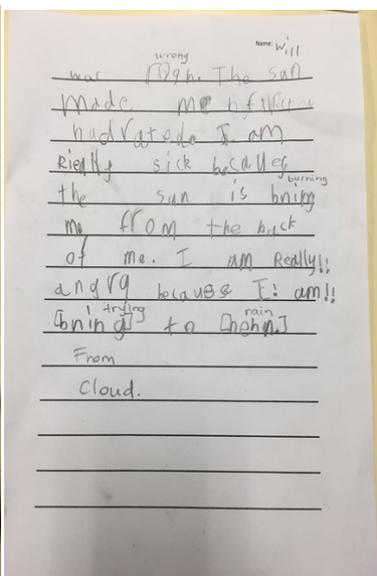
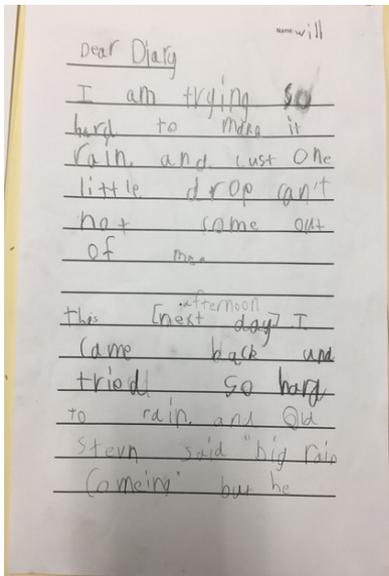
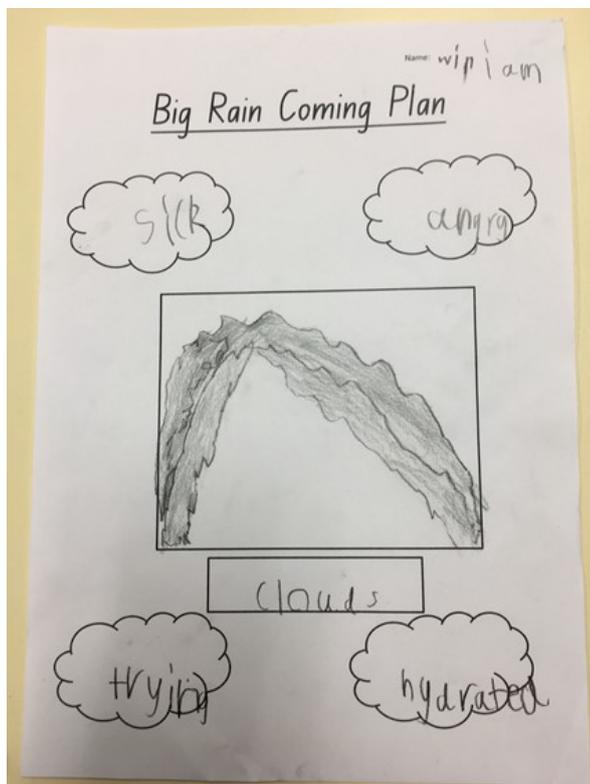
Year 1 and 2

We have finished off our response to the text *Big Rain Coming*. Miss Reeves and Mrs Quirk are very proud of our writing as we have used some impressive emotive language and really conveyed what the characters were thinking and feeling throughout the story.

Throughout the next few weeks, we will be doing some special maths assessments to find out what we know, what we need to improve on and where to go next with our learning.

We all had a blast at the PBL Rewards Afternoon and can't wait for the next one to come around!

Miss Reeves, Mrs Quirk and Year 1 and 2.



Years 3/4/5/6

Last week we had the pleasure of joining other schools in the Quirindi area to watch *Oliver the Musical*. It was an excellent show performed by the Quirindi High School students. It was a wonderful opportunity for our students to learn about a story they haven't come across before. Here's what some students had to say about the show....

Oliver the Musical

The show started with all of the kids in the orphanage waiting for food. They started singing about how much they loved food. Finally the chef and his crew came out with plates and a pot of stew. Oliver ate his stew but he was still hungry and the other kids told him to go ask for more. So Oliver got up and told the chef "Sir may I have some more?" but the chef was not happy that Oliver said that.

Ahmad

In *Oliver Twist* there was heaps of singing and lights and people on the stage. The people had speakers near their faces. There were flashing lights all around. *Oliver Twist* was a nice boy but people wanted him to be a thief. He didn't want to be a thief, he wanted to be loved.

Angus

Mrs Foley and Mrs Maxwell

Good for Kids good for life HEALTHY PARTY IDEAS

Parents and teachers can shift the focus for school parties from unhealthy food to fun healthy food.

You could serve snacks with fun plates, napkins, cups or straws, or have a tasting party where children can vote for their favourite healthy snack. Why not try some of the following:

- Fruit kebabs
- Orange quarters – try them frozen in summer
- Fruit smoothies
- Melon balls
- Berries
- Frozen fruit blocks
- Apple slinkies
- Veggie strips with low fat dip or salsa
- Sandwiches
- Raisin bread
- Pikelets
- Rice crackers
- Scones
- Cheese cubes
- Low fat popcorn



Opera House

What a privilege it was to accompany three Murrurundi students to Sydney on Tuesday for the Festival of Instrumental Music at the Opera House. Jessica and Sophie Luscombe and Madison Taylor joined hundreds of other students from across NSW for this event which showcases the instrumental talents of Public School students.

All three girls were a credit to their school. They have shown admirable commitment to learning the difficult repertoire and they were beautifully behaved for the entire trip.

Mrs Maxwell



Science Day

Science day is fast approaching. We hope that students and parents have enjoyed working on their science projects! Tuesday August 13th students will be presenting their projects in class. That afternoon two students from each class will be chosen to present their work at a special assembly for parents and community members. The assembly will commence at 2.30pm. All welcome.



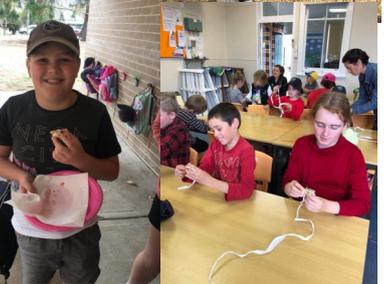
Pre Kinder



PBL Rewards Afternoon



NAIDOC DAY



Positive Behaviour for Learning (PBL)

We are learning how to be **Respectful** by wearing our **uniform with pride**. We wear our school uniform to look like part of a team and to show that we belong together. Tweet, Tweet!



PBL Thumbs Up

Xander, Bhavna, Zai

Bronze Awards

Conner, Jessica, Lynx, Lilly,
Sarah, Zai, Cooper, Judd &
Emmalyn



Classroom Awards

Week 2— Merit Awards

K Luke & Chase

1/2 Henry & William

3/4/5/6 Jessica, Sophie &
& Madison T

P&C Information

Term 3 Canteen Roster

Date	Names
5 th August	Michelle & Rachael
12 th August	Nikki & Sue
19 th August	Max & Barney
26 th August	Camp Week – NO CANTEEN
2 nd September	Laine & Julie
9 th September	Michelle & Rachael
16 th September	Jane & Julie
23 rd September	NO CANTEEN AT THIS STAGE

If you are unable to do your rostered shift please try and a swap with someone.

Good for Kids good for life

CHOOSE WATER

How much water should our kids drink everyday?

1—5 years 1.25L
6—12 years 1.5L

TIPS TO DRINK MORE WATER

- Show children that you enjoy drinking water
- Drink water with every meal
- Take a refillable bottle when you go out
- Pack water for school
- Encourage drinking extra water when they play sport
- Limit buying sugary drinks

Information source: © Cancer Council Victoria 2019

Notes to be returned please

- **Twits and \$15.00 Pre -Kinders & K-6**
- **Zone Athletics (qualified students + \$5)**
- **Belltrees Public Speaking (overdue)**

Save the Date

- 8 August - Belltrees Public Speaking (Stage Finalists)**
- 13 August - Science Day Assembly 2.30pm**
- 14 August - Upper Hunter Public Speaking**
- 22 August - Book Week Assembly**
- 26-30 August - GABC Excursion**

Monday	Tuesday	Wednesday Week 2	Thursday	Friday
Canteen	Student Banking	Zone Athletics Resilient Kids	Scripture Belltrees Public Speaking	The Twits K-6 Pre-Kinders
	Choir Library	Uniform Review 3.30pm P&C Meeting 6pm	Upper Hunter Youth Council	