



Murrurundi Public School

Pride in our Heritage, Confidence in our Future
Be Respectful Be Responsible Do Your Personal Best



SCHOOL NEWSLETTER

Term 2 - Week 10

Monday 1 July 2019

Principal's Message

UISS Sports Carnival

Congratulations to all of our students who proudly competed on the day. One of our students told me "I came last." I replied to her that she in fact did not come last – those who did not attempt the event came last. She should be proud of her efforts and for attempting and completing the event. Congratulations to Rachel Brown who not only won Senior Girls Champion, but broke the PSSA high jump record! Congratulations to Emmalyn Hynes also who received the Meryl Johnson Encouragement Award. Just because you didn't receive a trophy or a ribbon, doesn't mean you are not a winner.



Parents and Visitor s Policy

Please find the Murrurundi Public School Parents and Visitors Policy in this newsletter. This policy aims to ensure that all visitors to the school conduct themselves in an appropriate manner. Please familiarise yourself with this policy. Unfortunately, some of the expectations listed in this policy have not been adhered to by some parents or visitors recently. It is of utmost

importance for the welfare of all members of our school community that the rights of our students, teachers and parents are respected.

P&C Term 3 Calendar

Thank you to the P&C for putting together a term calendar for parents. More copies are available from the school office.

Permission Notes

If you misplace a permission note, you can print another one from the school website: <https://murrurundi-p.schools.nsw.gov.au/> Go to the EVENTS tab at the top of the page, then click on the event you require the permission note for and print it out.

Share Our Space

We are a participating school in Share Our Space this school holidays. This means that our school playground will be open from **8am-5pm Monday 8th June to Friday 19 July.**

Toys

Please ensure all toys are kept at home. They are a distraction and students risk losing them or having them broken at school.

Picking up

Please note that children are not allowed to leave the school grounds with adults or friends (or on their own) unless written or verbal authorisation has been provided by the parent or carer. This is in the interests of child protection and safety. All students must wait outside the office until a parent/carers arrives to collect them.

Reports

Semester 1 student reports will be sent home on **Friday 5th of July** and will be in a slightly different format than those of last year. Once you receive your child's report, you are invited to make an appointment through the office for an interview to discuss the report and your child's progress.

Great Aussie Bush Camp with Upper Invermein Small Schools

K-2 26th-28th August 3-6 26th-30th August

Now that numbers for the camp have been finalised, an updated cost for the camp has been calculated at less than first estimated: **K-2 \$320 3-6 \$425**

The permission note and a **\$50** non-refundable deposit are **OVERDUE**. You are welcome to make as many part payments as you would like up to the **9th of August** when payments must be finalised.

SOURCE Water

Due to the shorter days, the SOURCE water is not producing as much water as it did in the summer months. During this time we will limit our water for students only. We apologise for any inconvenience.

Visible Wellbeing Message from Sharon Garro Overusing and Underusing our Strengths

The concept of over-using a strength might sound strange; isn't a strength a good thing? It is true that all 24 character strengths are morally virtuous in their own right however they can still be overused. If we remember that a character strength is essentially something we find natural to use because it represents traits we value, we can start to see how sometimes we might turn to using them even when it "hurts".

For example, someone may have a strength in kindness. Kindness when used "just right" helps the person receiving the kindness to feel good and ALSO the person being kind to feel good. When a kind person finds it difficult to say no or put in boundaries, they can find themselves stretched physically, mentally and

emotionally. They may also find that in being kind to everyone else, they are not being kind to themselves or those closest to them. Inversely, if someone who values kindness is not given the opportunity or freedom to demonstrate kindness on a regular basis, they too will feel depleted.

Humour is a strength that needs to be used "just right". Being in an environment where one cannot express their strength of humour can be stifling. However, overusing humour can come across as being rude, offensive, inappropriate or just plain annoying. Spend some time thinking about what your top 5 character strengths overused might look like and those of your kids. Appreciate these strengths but also be mindful of the need to "dial them up" or "dial them down" when needed.

Uniform Review

The first uniform review meeting will be held on **Wednesday 7th August** at the August P&C meeting. Please join us to discuss your concerns and ideas for updating the current Murrurundi Public School uniform. All changes will follow the Department of Education School Uniform Policy Guidelines:

"Each school's uniform must be the result of formal consultation with students, teachers and other staff and parents/carers (including the Parents and Citizens' Association). Parents/carers must be given sufficient time to purchase items and schools may need to give parents/carers up to three years where there have been changes."

Aquis The Future is Bright Pre Kinder Program 2019 Information Session

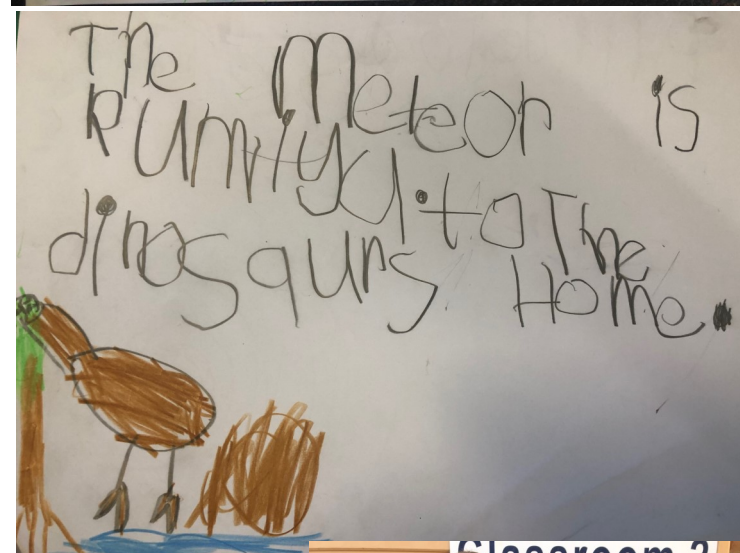
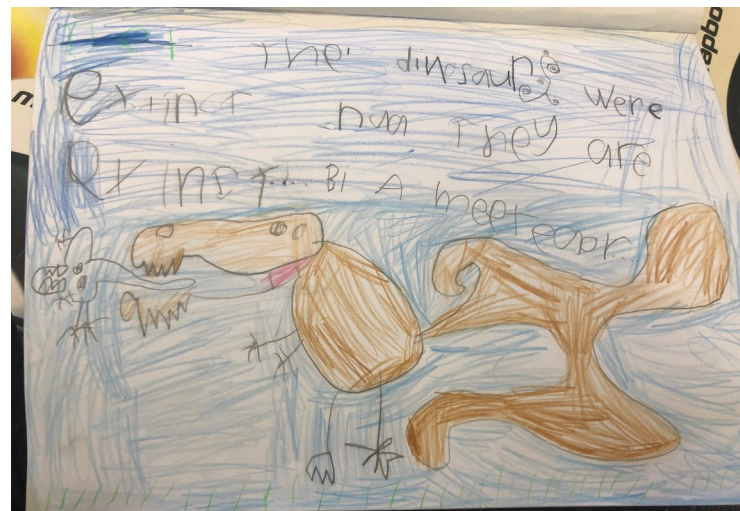
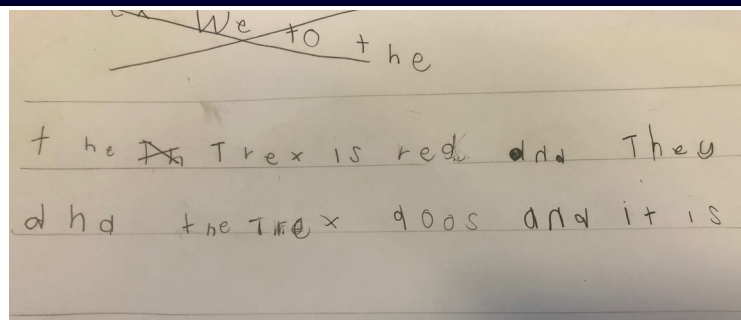
Parents of students who will be enrolling in Kindergarten in 2020 are invited to an information session on **Tuesday 2nd July at 9.45am** in the school library.

Mrs Hopkins
Relieving Principal

Kindergarten

Kindergarten have been working hard during writing sessions. We have written about dinosaurs and have focused on leaving spaces between our words. In numeracy, we have been making equal groups. We then looked at the different counting strategies we could use to find the total of the groups. In science we identified the materials that different objects are made off. We drew pictures of different objects and sorted them.

Ms Callaghan and Mrs Coffey



Kindergarten planted some beautiful flowers outside their classroom with Mrs Coffey



Year 1 & 2

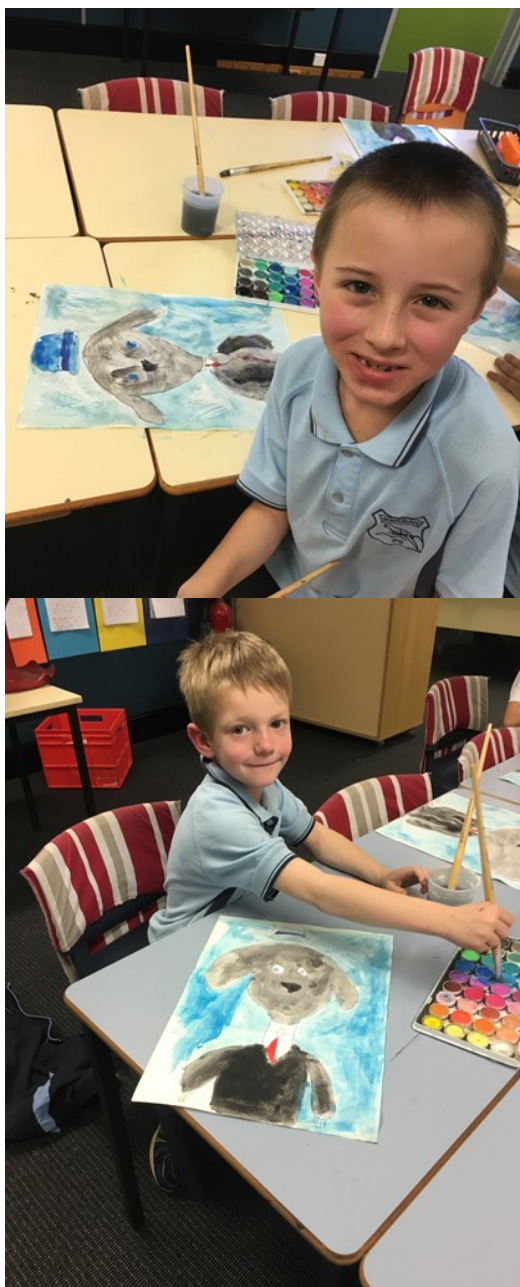
In writing we started to draft our advertisement for our perfect pet that we will be displaying around Murrurundi. Hopefully by the end of the week you will see our posters around town and in the classroom.

On Friday, we completed our mini writing unit on 'Margritte's Marvellous Hat' by doing a directed draw and painting a picture from the text, similar to the artist Rene Margritte which the story is based on.

We had a fabulous time at Belltrees Sports and we all participated enthusiastically with outstanding sportsmanship.

We hope you have a lovely break with your kids at home!

Miss Reeves, Mrs Quirk and Year One and Two



3/4/5/6

3/4/5/6 students thoroughly enjoyed completing their research on Papua New Guinea and presenting it on posters.

On Tuesday, Year Five and Year Six, together with Blandford students, attended the CWA International Day at the Murrurundi CWA rooms. They were fascinated by the talk presented about Papua New Guinea which certainly added to the knowledge they had gained through their research. We also definitely enjoyed the wonderful morning tea provided!

Congratulations to our poster prize winners, 1st Jessica Luscombe, 2nd Sophie Luscombe and Highly Commended Rachel Brown.

Our senior recorder ensemble had the opportunity to work with Mr Garrett on their pieces for the Opera House on Wednesday. We can see progress being made and all five girls are aware of the need to keep working really hard to master these difficult pieces. Next Wednesday will be their last opportunity to work with Mr Garrett before we go to Sydney.

Thursday was another wonderful day at Scone for the Belltrees Sports Carnival. Students enjoyed a very full schedule of activities in the beautiful sunshine. It was pleasing to see our students competing with such determination and sportsmanship.

Mrs Foley & Mrs Maxwell



UPPER INVERMEIN SMALL SCHOOLS ATHLETICS CARNIVAL



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SRC NEWS

1. The SRC raised \$180 at last week's Bake Sale! Thanks to all families who donated delicious goodies.
2. The SRC will be holding a LOLLY GUESSING COMPETITION this Thursday 4th July. 50c per guess! We will be raising money for charities such as the Heart Foundation and the Cancer Council.

Pride in our Heritage, Confidence in our Future



Murrurundi Public School
Established 1849




Aquis The Future is Bright Pre Kinder Program 2019

Who: Students enrolled to attend Kindergarten at Murrurundi Public School in 2020

When: Every Friday in Terms 3 & 4 (beginning 26 July 2019) from 9.15am – 3.30pm

Where: Murrurundi Public School

To register your interest, please contact the school office on 6546 6057. A completed enrolment form must be received by the school office prior to the student beginning the Pre Kinder program. Enrolment packs are available from the school office.



THE FUTURE IS BRIGHT

135 Mayne Street Murrurundi NSW 2338 T 6546 6057 F 6546 6596
E murrurundi-p.school@det.nsw.edu.au W www.murrurundi-p.schools.nsw.edu.au

Heart Foundation

Jump Rope for Heart

We're skipping through the term!



Jump Rope for Heart is well underway and it's great to see so many children out in the playground skipping and continuing to develop amazing skills. **Murrurundi Public School has already raised \$180 so far!**

Thank you to all families and friends who have donated!!

It's not long until our Jump Off Day on **Thursday 4th July 12:30-1:30** where all families are welcome to come join in the fun of skipping!! And don't forget to share your online fundraising page with friends and family to raise money for a great cause! Still need to sign up online? It's easy just follow this link and enter your details.

<https://jumprope.heartfoundation.org.au/register>

Positive Behaviour for Learning (PBL)

We are learning how to be **Respectful**, **Responsible** and how to **do our Personal Best** at assemblies by showing our 5L's when someone is speaking or performing. We clap appropriately and when singing the National Anthem proudly. Remember, it is your time to shine and to be proud of your accomplishments and hard work! Tweet, Tweet!



Please bring in any reward stickers you may have before the end of term .

SCHOOL FEES 2019

Each year we ask our families to make a voluntary contribution to the school.

The contribution for 2019 is

| | |
|---------------------------|----------------|
| 1 child | \$45.00 |
| 2 children | \$70.00 |
| 3 or more children | \$90.00 |

School fees assist in providing extra resources and student extras on excursions.

Payment can be made by cash or cheque to the school office or online at the school webpage

www.murrurundi-p.school.nsw.edu.au

Payments can be made at anytime and in any amount e.g. \$15.00 per term.

Student Wellbeing and Support

This semester the Student Wellbeing Support Officers, Carlie Brown and Belinda Smith ran a number of programs and initiatives.

In Term 1, a friendship skills group was formed based on the needs that staff observed in the playground and in classrooms, while this term a girls' peer support program focused on social and emotional skills, as well as providing responsibility and support to the girls involved. Next term, a boys' peer support program will be offered to identified students.

This semester, mentoring sessions have been provided to students who were identified by parents or teachers as needing some support and coaching. Mentoring is about making a plan to achieve goals, to focus on what the student can do better and identify what he/she is already good at. The student then meets each week with the Student Wellbeing Support Officer (SWSO) to discuss how the plan is coming along and adds to it if needed. This is an effective way to keep students on track towards attaining their goals and to support them to stay motivated to achieve them.

With the SWSO's, the students have been busy gardening, with the vegie garden producing a few beans and zucchinis before the frost got to them. The broccoli, cauliflower, brussel sprouts and snow peas are growing beautifully as well as the mandarin, lemon, lime and orange trees. We can't wait to taste our fresh, organic produce!

The teachers and SWSO's have been providing opportunities for our students to include health and wellbeing practices into their lives. These activities include mindfulness meditation, exercise, small group activities, gardening, drama, peer group activities, craft and lunchtime interest groups. Students have been busy with craft activities during their lunchtimes, including creating Easter masks to distribute to students and staff for the Easter hat parade held at school, Harmony Day friends and smiling rocks to put a smile on someone's face.



Students and staff made a visit to Murravale Retirement Home during Term 1. The students thoroughly enjoyed performing songs, parading their Easter Hats and reading to the residents.

During Term 2 students have been participating in the "Shake a Leg" program that is delivered to our school by Hunter New England Health's – Aboriginal Health Unit. This health promotion program has been delivered to all students, K-6. It is aimed at improving health practices for our children and their families.

A number of services are available to our families. These include Centacare, Headspace, Upper Hunter Family Support, Early Links and Family Insight. Please feel free to contact any of our staff if you require assistance or support.

Mrs Brown and Mrs Smith

P&C Information

Term 3 Canteen Roster
attached in the Newsletter

Thank you to everyone who
has kindly given their time in
Terms 1 and 2.

P&C MEETING

Wednesday

3 July

3.30pm

Notes to be returned please:

GABC - plus deposit / payment (due by 5/7/2019)

School photograph envelopes / with correct money

Canteen volunteer note

Save the Date

4 July - Jump Rope for Heart Jump Off

5 July - Last day of Term 2

22 July - Staff Development Day (no students)

23 July - Students return Term 3

29 July - School Photos

30 July - NAIDOC

Public speaking in classes K-2 - end of Week 2

8 August - Belltrees Public Speaking (Stage Finalists)

13 August - Science Day

14 August - Upper Hunter Public Speaking

22 August - Book Week

26-30 August - GABC Excursion

Royal Hotel Meat Raffles

Tickets can be purchased from the school office - 3 for \$5.00. Monies raised from this fundraiser will be used to purchase new home readers for students.

MATS & Upper Hunter Conservatorium of Music
Muswellbrook Amateur Theatrical Society Inc. Muswellbrook Concert Band

Disney THE LITTLE MERMAID

MUSIC BY ALAN MENKEN LYRICS BY HOWARD ASHMAN & GLENN SLATER BOOK BY DOUG WRIGHT

BASED ON HANS CHRISTIAN ANDERSON STORY AND THE DISNEY FILM
PRODUCED BY HOWARD ASHMAN & JOHN MUSKER
AND WRITTEN AND DIRECTED BY JOHN MUSKER AND RON CLEMENTS
ORIGINALLY PRODUCED BY
DISNEY THEATRICAL PRODUCTIONS
LICENSED EXCLUSIVELY BY MUSIC THEATRE INTERNATIONAL (AUSTRALASIA).
ALL PERFORMANCE MATERIALS SUPPLIED BY HAL LEONARD AUSTRALIA.

26 JULY to 10 AUGUST 2019
TICKETS WWW.MATS.ORG.AU

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BENGALLA BHP MACHEnergy agl

| Monday | Tuesday | Wednesday Week | Thursday | Friday |
|---------------------|---|--------------------|-----------------------------------|--|
| Canteen | 9.45am AQUIS Pre-Kinder Info session | | Volunteers Morning Tea 11.30am | Reports Home |
| Shake A Leg program | Student Banking | | Jump Rope For Heart Jump Off | EnviroMentors |
| | Library | Music | | Sean Andrews Director Will be interviewing chosen students for Ed Week display |
| | Choir K-2 | P&C Meeting 3.30pm | | |