



Upper Invermein Cross Country Carnival

Wednesday March 27, 2024

Dear Parents and caregivers

The cross-country competition will include schools from Blandford, Murrurundi, Belltrees and Ellerston this year.

When:	Wednesday March 27, 2024
Time:	9.30am Roll call – First Race beginning at 9:45
Where:	Bill Rose Sporting Complex, Scone
Transport:	Private
Uniform:	Sports uniforms, including hat and appropriate running shoes
Events:	8/9 yr 2km – First Race 5/6/7 yr 800m (non-competitive race) 10 yr 2km 11 yr 3km 12/13 yr 3km <i>* race times are to be determined due at the commencing of prior races*</i>

Students are required to bring adequate food and water for the carnival. **There will be no canteen at the carnival this year.**

Selection for Upper Hunter Zone

The first 3 students from each age division (except 5/6/7) could be selected to run at the Upper Hunter Zone competition. This will be held on Friday May 10, Week 2 of Term 2, in Muswellbrook. Please note student times will be factored in when nominating Zone Cross Country participants.

Please sign the consent form, medical and permission to publish forms and return it to school by **Wednesday 20 March 2024.**

Important information

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the Department of its duty of care to students that may result in claims for compensation.

Parents/Carers are advised to assess the level and extent of their child/ward's involvement in the sport program offered by the school, school sport zone, region and state school sport Associations when deciding whether additional insurance cover is required prior to their child/ward's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/Carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements, as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of use of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from <https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#qref>. Further information regarding student accident insurance and private health cover is provided at: <https://app.education.nsw.gov.au/sport/file/1449>.

Yours Sincerely,

Mr Keegan Pulik
Murrurundi Public School

Upper Invermein Cross Country Carnival Permission
Return to school by Wednesday 20 March 2024

School's Name: _____ Child's Name: _____ Date of Birth: _____

Medical Details:

Parent/Caregiver's Full Name: _____ Contact No: _____

Emergency Contact Person: _____ Contact No: _____

Medicare Number: _____ Expiry Date: _____

Date of my child's last tetanus injection: _____

My child is allergic to: _____

Does your child have an ASCIA action plan? ☐ Yes (a copy must be attached with this form) ☐ No

My child is currently taking _____ for _____

(Medication Name)

(Condition)

Please tick the appropriate boxes below:

- ☐ I consent to my child _____ participating in the selected activities below.
- ☐ Medical and emergency contact information currently held by **my school** is up to date.
- ☐ I confirm that my driver's licence and registration are up-to-date and have been produced to the school.
- ☐ I affirm that, to the best of my knowledge, my child/ward has no medical condition or injury that places him/her at risk by participating in this sport activity.
- ☐ In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility for expenses incurred.
- ☐ I understand that students will be required to listen for their events and make their way to the marshalling area immediately when announced.

☐ Yes ☐ No I give permission for any photography taken on the day which includes my child to be displayed on any or all of the Official Facebook pages or School Websites of any participating school.

☐ Yes ☐ No I give permission for my child's photograph to be published in media outlets and publications

(Please note local newspapers may also publish their stories on their Facebook page / website)

Name to be used in media: ☐ Full Name ☐ First Name Only ☐ No Name

I can transport _____ students including my own. My children are travelling with _____

I have read, understood and will adhere to the UHPSSA Code of Conduct that has been provided.

Parent Signature

Child's Signature

Date



Upper Hunter Primary School Sports Association

Codes of Behaviour for Players, Parents/Caregivers, Spectators & Team Management

Please read the following information carefully as by signing the representative consent form you are acknowledging these conditions.

Conditions of Entry:

- All team members will be under the full control and supervision of a teacher from their school or a parent/caregiver for the duration of the event.
- Should a convenor/organiser of any event rule that any misconduct is of a serious nature has occurred by a student, that individual may be asked to return to school or sit out the remainder of the event.
- Should a convenor/organiser of any event rule that any misconduct is of a serious nature has occurred by a parent/caregiver or spectator, that individual may be asked to leave the event/trial with their child.
- All students attending UHPSSA events must have the consent of their School Principal.
- The participation fee, set by UHPSSA, must have been paid prior to the event.
- Prior to students participating in an event/trial, a completed and signed permission and medical form must be received by the convenor or team manager.

Players' Code of Behaviour:

- Be a good sport.
- Compete for enjoyment.
- Work hard for your team as well as yourself.
- Treat all teammates and opponents as you enjoy being treated yourself.
- Compete by the rules.
- Co-operate with team and sport officials.
- Control your behaviour on and off the field.
- Learn to value honest effort, skilled performances and improvement.
- Respect all even officials and abide by their decisions.
- The use of banned substances by competitors is not permitted. School Sport Australia fully endorses the Anti-Doping Policy of the Australian Institute of Sport and the Australian Sports Commission.

Parents' Code of Behaviour:

- Encourage participation by your child.
- Provide a model of good sportsmanship for your child to copy.
- Be courteous in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Do not interfere with the conduct of any events.
- Raise disputes/concerns with the team manager who will discuss with the convenor and correctly follow the **Dispute Handling Policy**.

- Support School Sports Australia's policy of a smoke and alcohol free environment.

Spectators' Code of Behaviour:

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment. Don't let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performance and team play with generous applause.
- Demonstrate respect for opposing players and supporters.
- Support School Sport Australia's policy of a smoke and alcohol free environment.

Team Managements' Code of Behaviour:

- Set a good example for your players.
- Encourage and create opportunities to develop individual skills.
- Teach a wide range of team skills.
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved.
- Teach your players to be friendly towards officials and opponents.
- Give all interested students a chance to participate in training and in games.
- Remove from the field of play any of your players whose behaviour is not acceptable.
- Keep your own knowledge of coaching and the development of the game up to date.
- Support School Sport Australia's policy of a smoke and alcohol free environment.
- No Manager of the opposite gender should enter the team change rooms until all team members have completed changing.
- It is recommended that team managers are not placed in a situation where they are alone with a student team leader.